



Show Notes

Don't have time to listen to the full episode? Don't sweat it. Everything you need is below!

1. [Episode Description](#)
2. [Episode links](#)
3. [Episode topics and time codes \(we want to make your life easy!\)](#)

Episode Description:

Mandy Stobo is a passionate artist and actress. At the age of 29, Mandy was named top 40 under 40 for one of her famous art projects called Bad Portraits - a project that garnered the attention of several of Saturday Night Live's most celebrated cast members and other Hollywood elite.

Unfortunately Mandy experienced severe trauma throughout her upbringing. At an early age she became a struggling single mother with (in her own words) no employable skills other than her ability to create art. With her young son Jack in tow, she set out to build a career and a life they could be proud of.

Her story is one of struggle, perseverance and triumph. It will leave you with happy, inspiring goose bumps.

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Episode Links:

- [Mandy Stobo's Instagram](#)
- [Mandy Stobo's website](#)
- [Camp Hooha](#)
- [C is for Calgary](#)
- [Grandpa's Forest](#)
- [Bee Love](#)
- [Kristen Hallett](#)
- [Dave Kelly](#)
- [Jann Arden](#)
- [Jim Button](#)
- [Fish Heads song](#)

Episode Topics and Time Codes:

5:13: Camp Hooha

6:25: Drawing Naked Santa

7:45: Failing art

8:28: Communicating through art rather than speech

9:15: Painting with old ladies

10:18: Childhood trauma

13:05: The psych ward

14:24: Choosing joy

16:10: Healing through art

17:21: Evolving as an artist

18:00: Goals

19:12: Rollerblading in Australia

19:49: Bad Portraits

22:45: Catching the attention of Saturday Night Live cast members and other Hollywood elite

23:21: Taking the ego out of art

23:50: Persistence is key

25:18: Self-doubt

28:36: Calgary is home

29:43: Collaboration

34:50: Acting in the hit TV show Fargo

37:08: Canada Walk of Fame

40:15: Will Arnett – Free Pass

41:59: Surrounding yourself with visionaries

45:32: Rapid Fire