



Show Notes

Don't have time to listen to the full episode? Don't sweat it. Everything you need is below!

1. [Episode Description](#)
2. [About Adam "Tico" Hernandez](#)
3. [Episode links](#)
4. [Episode topics and time codes \(we want to make your life easy!\)](#)

Episode Description:

After an unfulfilling stint as a graphic designer, Adam Tico Hernandez decided to go against the odds and chase his dream of moving to Nashville to become a touring musician. And guess what? It paid off in a BIG way!

This is a story about a dream come true, the journey to achieve it and everything along the way.

About Adam Tico Hernandez:

Adam "Ticomán" Hernandez is a guitarist/songwriter out of Nashville, TN. Originally from Tulsa, OK and being half Costa Rican, Tico grew up with diverse musical influences from country, rock, Latin, blues, and more. He is currently the band leader and guitarist for Lauren Alaina.

Episode Links:

- [Lauren Alaina](#)
- [American Idol](#)
- [Route 91 Music Festival](#)
- [Jackie Valaquez](#)
- [Saint Lukes and the winged Ox](#)
- [Stagecoach Festival](#)
- [Rolling Stone Magazine and Sound City Studio](#)
- [Red Rocks Amphitheatre](#)

Episode Topics and Time Codes:

3:07: Developing a love and passion for music

4:20: Childhood dreams

5:53: Touring the world as a country-star guitarist

7:32: Prize Fighter and the first taste of being a touring musician

8:32: The breaking point and taking a leap of faith

11:00: Moving to Nashville

12:17: The epiphany

12:59: The big break

14:30: The importance of putting yourself out there

16:00: The support of family and friends

17:15: Taking the first step towards your goals

19:40: Meeting Lauren Alaina

23:52: Facing the tough stuff

25:54: No regrets

26:03: The life of a touring musician

28:25: Star struck

30:54: Pinch me moments

32:02: Being on stage

34: 48: Staying humble

35:50: Most embarrassing moment on stage

37:56: Las Vegas Route 91 Music Festival Mass Shooting

42: 38: What is happiness

44: 18: Recording at Sound City Studio and Rolling Stone

45:10: Best advice ever received

45:30: Looking forward

46:30: Rapid Fire

